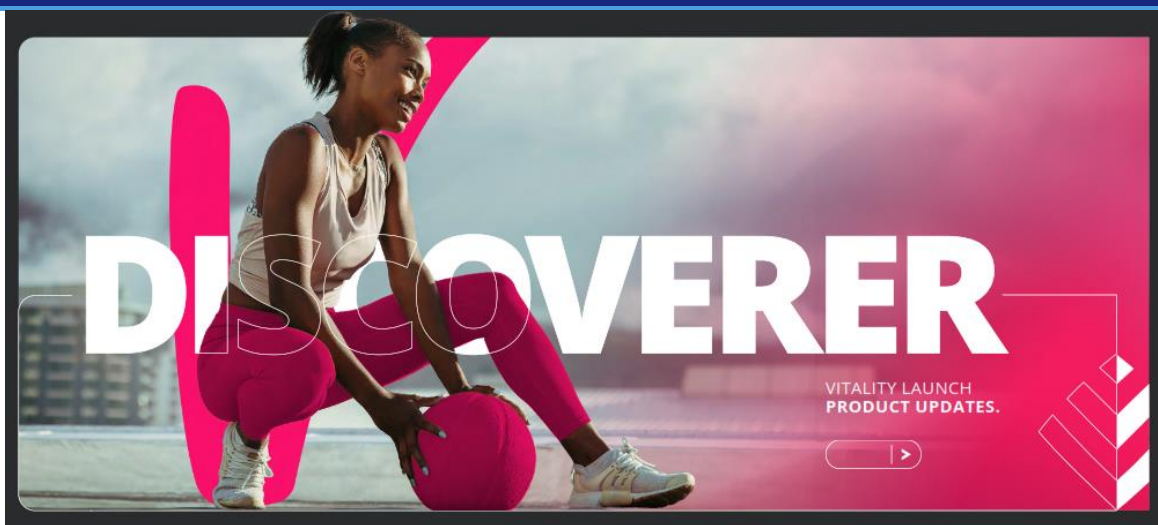




Vitality 2024



Discovery Vitality continues to offer clients great incentives to improve their health. Data shows that those who engage with Vitality are healthier, live longer and submit less claims, so these savings are passed onto those who engage. Not only are you looking after your health but you're being rewarded for it.

The general South African population has a life expectancy of 64 years, the insured population 67 years, Vitality members in general 83 years, while for Gold and Diamond Vitality members it is 89 years*!

* Source : Science of Vitality research paper, March 2022.

Vitality Changes for 2024

- **Vitality Fitness Points Update:** Vitality is expanding the ways members can earn Vitality fitness points by recognizing short, high-intensity workouts and long, light-intensity workouts. You can find the new Fitness points table [here](#).
- **Takealot:** Members can use Discovery Miles to pay for goods on the Takealot app and enjoy up to 15% off.
- **Checkers:** 2024 will see Checkers added as a Vitality [HealthyFood](#) partner.
- **Vitality Active Gear:** The bank boost for fitness devices and Nike gear will be removed but members can continue to get up to 50% off by finding out their Vitality age, completing a Health Check and achieving their Active Rewards exercise goals.
- **Free Discovery Bank Account:** It is important to download the Discovery Bank app to maximise your benefits and earn and spend your Miles. If you do not wish to open a full Discovery Bank account or suite, you can register for a free **no fee** account by clicking on [this link](#) to see how.

TOTALSPORTS

Sportsmans Warehouse

Dis-Chem

CLICKS+

Checkers

takealot.com

Pick n Pay

W WOOLWORTHS

Get to Diamond Status!

No better time than the present to get going on your path to Diamond Vitality status for 2024. You can use this great quarterly checklist [here](#) to guide you on your path. Take time each quarter to make sure you are where you need to be.

You can track your progress at any time online by using the [Vitality points tracker](#).



Existing benefits you will still enjoy in 2024







- Discovery Miles:** No longer will there be Points on the one Discovery platform and Miles on another. Discovery Miles is now Discovery's one reward currency across all products that members can earn for getting healthy, driving well and spending responsibly. See how to earn and spend [Discovery Miles](#) and a list of the many new [rewards partners](#), both online and instore. Your [Active Rewards](#) will now be even more rewarding as you earn instant Miles for achieving goals, plus a play on the gameboard.
- Gym Benefit:** Enjoy a 75% discount on your membership to [Virgin Active](#) or [Planet Fitness](#) as long as you visit the gym at least 36 times in a year. Kids get 50% if the main Vitality member joins the gym.
- Healthy Living Benefits:** You continue to enjoy large discounts off a range of food, care products and sport gear from partner stores.
 - [HealthyFood](#) - get up to 25% back on healthy food purchases from Woolworths, Pick n Pay or Checkers. Your rewards will be allocated as Miles into your Discovery Miles account on the banking app.
 - [HealthyCare](#) - get up to 25% back on healthy care items from Dischem and Clicks.
 - [HealthyGear](#) - get up to 25% back on sport gear from Sportsmans Warehouse or Totalsports.
 - [HealthyDining](#) - get up to 25% back on healthy meals at several partner restaurants.

- All of the above discounts can be boosted by opening a Discovery Bank account.

 - **Travel Rewards:**
 - Flights - save up to 75% on local, regional and international flights with [British Airways](#), [Kulula](#), [Emirates](#) and [Qantas](#) and **NOW** also FlySafair, Airlink, Lift and British Airways domestic. Activate the benefit for 1 10% discount. Increase this to 25% by finding out your Vitality Age and doing a Vitality Health Check. Increase the discount further through Discovery Bank.
 - Accommodation - save 25% at over 2000 hotels, resorts and B&Bs across South Africa. Up from the previous 500.
 - Car Hire - save 25% with Europcar and Tempest Car Hire.

 - **Movie Benefit:** Vitality members enjoy half price tickets at [Ster-Kinekor](#) while children under 18 watch free before 7pm.

 - **Vitality Drive and Vitality Money:** Discovery offers rewards programs linked to their Discovery Insure insurance product (Vitality Drive) and Discovery Bank (Vitality Money) too. Integration between the three results in even greater rewards.
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BENEFIT	2024 REWARDS STRUCTURE		
	ACTIVATE THE BENEFIT	FIND OUT VITALITY AGE & DO A VITALITY HEALTH CHECK <small>Requires the individual to complete the action</small>	BOOSTED REWARDS THROUGH DISCOVERY BANK
 Flights <small>AIRLINK BRITISH AIRWAYS Emirates CemAir FlySafair QANTAS SOUTH AFRICAN AIRWAYS</small>	10%	▶ 25%	▶ 75%
 HealthyFood <small>Checkers Click n Pay WOOLWORTHS</small>	10%	▶ 25%	▶ 75%
 HealthyCare <small>CLICKS Dis-Chem PHARMACEUTICALS</small>	10%	▶ 25%	▶ 50%
 HealthyBaby <small>READY SET BABIES TOYS R US</small>	10%	▶ 25%	▶ 50%
 HealthyDining <small>COLCACCHIO Nando's Uber Eats UCOOK</small>	10%	▶ 25%	
 Sports gear and equipment <small>SPRINGSports TOTALSPORTS</small>	10%	▶ 25%	



If you would like to join Vitality, open a Vitality Bank account to maximise your benefits, or request a Discovery Insure quote, please do contact our office.

Best wishes,
Clinton

Del Financial Services

130 Adelaide Tambo Drive, Durban North, KwaZulu Natal, 4051

[Contact Details](#)

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